



# Seminar Agenda

## 2011 Bells of the Lakes® Handbell Seminar

Saturday, August 27, 2011

*Registrants will stay with their selected track the entire day*

8:30-9:00 am	Registration		
9:00-10:15 am	Track I Director's Enrichment	Track II Ringing to the Next Level	Track III Beginning Ringers
10:15-10:30 am	Break		
10:30-11:45 am	Track I (Cont)	Track II (Cont)	Track III (Cont)
11:45-12:30 pm	Lunch (Box Lunch included with registration)		
12:30-1:30 pm	Bells of the Lakes - Open Instructive Concert		
1:45-3:00 pm	Track I (Cont)	Track II (Cont)	Track (Cont)
3:00-3:15 pm	Break		
3:15-4:30 pm	Track I (Cont)	Track II (Cont)	Track III (Cont)

### Track Descriptions Saturday

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#### Track I - Director's Enrichment - Bill Mathis and Carolynne Mathis

Whether you have been directing for a few years or for decades, this day of enrichment is for you. Join us as we discuss music selection, score analysis, conducting, bell assignments, bells in worship, teaching difficult rhythms, and leading children and youth handbell choirs.

#### Track II -Ringing to the Next Level- Jennifer Cadwell

Get ready for another year of ringing by joining our all day ringing track. Learn how to challenge yourself, become more versatile, and increase your musicianship. Topics to be addressed include: refreshing our technique, handchimes, sight-reading, rhythm, phrasing and musicality, learning different positions, processions/bell trees, bass bell techniques, four-in-hand and Shelley ringing. This track is designed for intermediate and advanced ringers.

#### Track III - Beginning Ringers- Jan Rasmussen and Christina Wood

Are you new to handbells, not sure how to get started? Handbells from A to Z! Topics to be addressed include: bell parts, warm-ups and stretches, making the bell sound, damping styles, rhythms, stopped sounds, handbell notation, basic care of the bell, basic technique, how to recruit ringers and more. Beginning ringers and directors welcome.

## Registration

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone: Day \_\_\_\_\_ Evening \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Director \_\_\_\_\_ Ringer \_\_\_\_\_ Years of Experience \_\_\_\_\_ Handbell Glove Size (S,M,L,XL) \_\_\_\_\_

Where do you ring/direct handbells? \_\_\_\_\_

Address \_\_\_\_\_

What are some things you would like to learn at the seminar? \_\_\_\_\_

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\_\_\_\_ Track I: Director's Enrichment \_\_\_\_ Track II: Ringing to the Next Level \_\_\_\_ Track III: Beginning Ringers

Registration Fee \$65.00 (includes box lunch) \_\_\_\_\_

Late Fee (add \$10.00 if registration is received after Aug. 1, 2011) \_\_\_\_\_

TOTAL AMOUNT PAID \_\_\_\_\_

Please check the box if you require a vegetarian lunch.

If you require a lunch to meet special dietary restrictions, please describe and we will attempt to accommodate you: \_\_\_\_\_

*Mail to Jennifer Cadwell, 8819 Telford Crossing, Brooklyn Park, MN 55443*

*Questions? Contact Bells of the Lakes at [info@bellsofthelakes.org](mailto:info@bellsofthelakes.org)*

*Make checks payable to Bells of the Lakes*

### Meet the Instructors

**Jennifer Cadwell** directs the handbell program at the University of St. Thomas in St. Paul and directs the handbell program and children's choirs at Centennial UMC in Roseville. She is a handbell clinician at local, area and national handbell events.

**Bill Mathis** is Musical Director of *Bells of the Lakes* and Minister of Music and Fine Arts at Hennepin Avenue United Methodist Church in Minneapolis. He is nationally recognized as conductor, clinician, and arranger of handbell music.

**Carolynne Mathis** is Director of Music at Faith Lutheran Church in Coon Rapids and handbell director for Concordia University in St. Paul. She has conducted and been on the faculty of national seminars and conferences. Her book, *Teaching Young Ringers*, is published by AGEHR.

**Jan Rasmussen** has been ringing for over 26 years, taking a short break to get married and have a family. She has directed a youth choir and is currently the director of Steeple Bells in Woodbury.

**Christina Wood** has been ringing for 19 years, starting in a youth ensemble at her church and now enjoys being a member of Bells of the Lakes and a new Twin Cities handbell quartet called Toll Free.

### Event Location

**Hennepin Avenue United Methodist Church**  
511 Groveland Avenue  
Minneapolis, MN 55403

[www.BellsoftheLakes.org](http://www.BellsoftheLakes.org)